Sunrise Hiking Tour
Is the Astenau Alpe with mountain breakfast

Dates:
The sunrise hiking tours take place every Thursday from 4 June to 29 October 2020 (in good weather).

Meeting point:
Pay parking lot Eben in Maurach/Achensee (above the residential and nurang home St Notburga).

Tour start times depend on sunrise times (between 3.30 and 5.30) and will be provided on registration. Additional information at the local information offices or online at www.achensee.com

Equipment:
Flashlight or headlamp, weather appropriate clothing, sturdy hiking boots, beverage for ascending.

Duration:
Approx. 4 hours (3 hours walking time).

Tour information:
520 metres elevation gain, length: approx. 4.4 kilometres return. The tour requires sure-footedness and an adequate fitness level.

Breakfast:
The cost for the breakfast on the Astenau Alpe is not included.

Registration:
Tours must be booked in advance to guarantee participation. Please register no later than 17.30 on the day before the respective tour online at www.achensee.com/en/achensee-experiences or by phone at +43 (0) 595300-0. Max. number of participants: 15 persons!

Golden Eagle Hike
Ranger-guided tour in the nature park

On this moderately difficult full-day tour your guide takes you to the golden eagle habitat on the Feilkopf mountain. Watch golden eagles and learn interesting facts about the kings of the sky. Binoculars by Swarovski Optik will be provided.

Dates:
Tours will only take place in good weather!
Number of participants: min. 3, max. 12 people.
• Friday, 29 May 2020
• Friday, 5 June 2020
• Tuesday, 16 June 2020
• Tuesday, 7 July 2020
• Tuesday, 21 July 2020
• Tuesday, 4 August 2020

Meeting Point:
Tours meet at 8.30 at the car park of the Karwendel valleys (toll booth) in Pertisau (bus stop: Pertisau Karwendeltäler).

Equipment:
Sturdy hiking boots, weather appropriate clothing, beverages and snacks (optional: binoculars, spotting scope, camera, seat pad).

Participation requirements:
This tour requires sure-footedness and an adequate fitness level. Suitable for children aged 12 years and over.

Participation fee:
Adults: EUR 19.00 / Children: EUR 7.50.

Registration:
Register with Anton Heufelder by phone at +43 (664) 88446225 or by email at anton.heufelder@karwendel.org. Please give your name and phone number.

More information:
www.karwendel.org/wanderfuhrung-steinadler

IVV-Hiking trails at Lake Achensee

• Panorama walk in Achenkirch (distance: 7 or 15 km)
• Pleasure walk in the Rofan mountains (distance: 12 km)
• Eagle Walk through the Karwendel valleys to the Gramai Alm (distance: 18 km)
• Circular walk around Lake Achensee (distance: 25 km)
**Monday - 27 April until 29 June**
*Duration: approx. 2 h - Distance: approx. 3 km*

**Guided herb walks**
From 27 April to 29 June visitors have the opportunity to join our guided herb walks in the Karwendel nature park. The guide will explain the various plants which can be found along the way, and there will also be tasty samples for all participants. The information provided during the walk is in German only.

**Meeting point:** 9.30 at the car park in front of the Langlaufstüberl in Pertisau (bus stop: Pertisau Karwendellift).

**Monday - 6 July until 26 October**
*Duration: approx. 3.5 h - Distance: approx. 3 km*

**Exclusive ranger-guided nature hikes**
From 6 July to 26 October we will explore the area surrounding the Gramai Alm mountain hut. The ranger will take us on a 3.5 hour tour and explain the history and geology of the Nature Park Karwendel and the daily work of the rangers. We will learn interesting facts about animal tracking and watch chamois with a spotting scope. This hike is a great opportunity to discover the Karwendel mountains.

**Meeting point:** 10.30 at the Kasalm at the Gramai Alm in Pertisau.

**Tuesday - 28 April until 27 October**
*Duration: approx. 4 h - Distance: approx. 9 km*

**Panorama hike in Achenkirch**
From 28 April to 27 October we walk from the meeting point to the bio-mass cogeneration plant. We follow the forest path (natural toboggan run) to the Adlerhorst (1,230 m). After a short ascent we will reach the Adlerhorst (1,230 m). After a short ascent we will reach the Nature Park rangers will take us to the romantic Unterautal valley and to the summit. Depending on the weather conditions the rangers may take us to the Gramai Alm mountain hut (1,169 m) where we can stop for refreshments before we start our exclusive tour through the valley.

**Meeting point:** 9.45 at the Christlum lift parking area in Pertisau (bus stop: Achenkirch Christlumlifte).

**Wednesday - 29 April until 28 October**
*Duration: approx. 5 h - Distance: approx. 10 km*

**Nature Watch Tour to the Feilkopf**
From 29 April to 28 October the Karwendel Nature Park ranger will take us on a discovery tour to the Feilkopf mountain (1,562 m). Equipped with Swarovski binoculars we will explore the alpine flora and fauna. The lowest panoramic mountain in the Achenense region offers spectacular views over the lake and the surrounding peaks and is ideal for a well-deserved rest at the summit. Depending on the weather conditions the rangers may take us to the Gramai Alm mountain hut (1,169 m) where we can stop for refreshments. The return route leads via the Pletzachalm mountain hut (1,040 m) and the Seebergstig trail back to the starting point.

**Meeting point:** 9.30 at the car park in front of the Langlaufstüberl in Pertisau (bus stop: Pertisau Karwendellift).

**Thursday - 30 April until July and in October**
*Duration: approx. 6 h - Distance: approx. 10 km*

**Nature Watch Tour to the Moosenalm**
From 30 April until the beginning of July and in October the Karwendel Nature Park rangers will take us to the romantic Unterautal valley and to the Moosenalm (1,495 m). Equipped with Swarovski binoculars we will watch marmots, and with a little luck we will catch a glimpse of chamois and ibexes at the foot of the Schreckenspitze mountain. The return hike takes us over mountain pastures with superb views of the Rofan mountains and lake Achensee. We will stop for refreshments at the Götolfalm mountain hut.

**Meeting point:** 9.45 at the bus stop in the Christlum parking area in Achenkirch (bus stop: Achenkirch Christlumlifte).

**Thursday - July until beginning of October**
*Duration: approx. 6.5 h - Distance: approx. 10 km*

**Excursion to the Tiroler Steinöl® (shale oil) distillery**
The exclusive hike to the shale oil distillery in the Bächental valley is offered from the beginning of July to the beginning of October. From the car park at the Christlum lifts we hike through the Unterautral valley and up to the Gföllalm Hals (1,650 m) where we enjoy the splendid view of the Karwendel nature park. We descend to the shale oil distillery where we can have refreshments before we start our exclusive tour through the distillery. After the tour a bus will pick us up and we will travel back to our starting point past the Sylvester reservoir.

The trail difficulty is easy to moderate, however some endurance is required (750 metres elevation gain during the ascent). Limited number of participants! The fee for the bus transfer from the Bächental valley is EUR 10.00 per person.

**Meeting point:** 9.00 at the bus stop in the Christlum parking area (bus stop: Achensee Christlumlifte).

**Return time:** approx. 16.30 at the Christlum parking area (bus stop Christlum - Achenkirch). The bus continues to the Information offices in Achenkirch and Pertisau and to the Welcome-CENTER Achensee in Maurach.

**Friday - 1 May until 30 October**
*Duration: approx. 6 h - Distance: approx. 7 km*

**Summit tours in the Karwendel or Rofan mountains**
From 1 May to 30 October the guide will take us on a challenging full-day hike to a summit in the Karwendel or Rofan mountains. Tours will start at the valley or mountain stations of the Karwendel and Rofan cable cars. We will select our destination depending on weather and trail conditions. Tour suggestions are welcome.

**Meeting point in May, July and September:** 9.30 at the valley station of the Karwendel cable car in Pertisau (bus stop: Pertisau Karwendellift).

**Meeting point in June, August and October:** 9.30 at the valley station of the Rofan cable car in Maurach (bus stop: Maurach Rofanseilbahn).

**Information**
For all tours study boots (ankle-high hiking boots) are essential. Please bring weather appropriate clothing. Telescopic hiking poles are recommended. All tours require sure-footedness and an adequate fitness level. We assume no liability for any accidents or damages. Tours will be in German. Please note that the daily programme is subject to change at short notice due to the current weather situation.

The Achensee hiking programme is offered daily from Monday to Friday and is free for all visitors with a valid AchenseeCard. Participants without an AchenseeCard pay EUR 29.00 per tour. Additional costs such as cable car tickets, toll or parking fees are not included. Larger groups of people may participate in the daily hiking programme only by advance reservation. For travel groups we will be happy to organize a certified mountain or hiking guide. Tour durations refer to the walking time including stops for refreshments and/or guided tours.

**Registration**
Tours must be booked in advance to guarantee participation. Please register no later than 17.30 on the day before the respective tour online at www.achensee.com/en/achensee-experiences or by phone at +43 (0) 595300-0. Max. number of participants: 15 persons!